

# Summer Newsletter

## Number 2 - June 2013



Since our last update a year ago, CRESS has achieved so much. We have doubled our annual income and we now help educate more children through sponsorship and provide essential medical aid by supporting the Liwolo Clinic, we also provided midwifery textbooks to the hospital to enable them to improve their training programmes. We have also provided 85 water filters, computer equipment, books and many other items to the people living in the Central Equatoria State in South Sudan.

In September Revd Canon David Henley, Revs Andrew Staley, James Campbell and Jonathan Triffitt, under the stewardship of CRESS ran a conference for 80 members of the Kajo Keji Diocese clergy team focusing on training and development.

Perhaps one of the most significant developments this year has been securing dedicated funds enabling us to retain Joseph for three years to oversee and control CRESS operations on the ground in South Sudan. Committing to Joseph's salary has been a milestone for CRESS but it does mean that we are operationally more responsive, effective and accountable in our work in the area, it has made a real difference to our effectiveness and has improved peoples lives in one of the poorest areas in our world.

**Thank you to everyone that has helped us along the way, with love and best wishes**

**Caroline Lamb**

Trustees— Chris Littlemore, Revd Canon David Henley, Reg Barrett, Jonathan Cullis

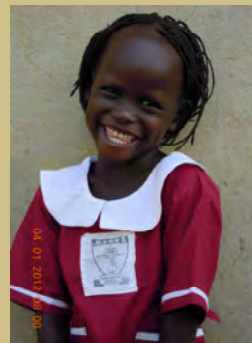


**Gloria, aged 7**  
Sponsored by  
Annabel

**Alex Mogga, Aged 10**  
Sponsored by Tom



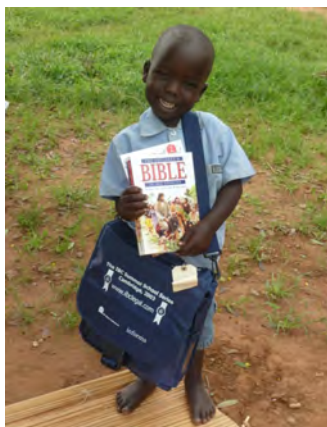
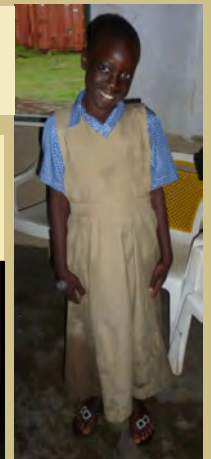
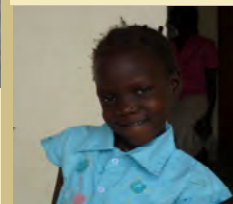
**Edith, aged 8**  
Sponsored by the  
Blyth family



**Tracy, aged 6**  
Sponsored by Felicity

**Janet, aged 10**  
Sponsored by  
Jane

**Helen, aged 6**  
Sponsored by the  
Hall family



### Luca's Story

Luca is a 6 year old boy and he lives with his mother and father, 2 siblings and 3 orphans. Luca is lucky, his education is sponsored by Hannah Newnham from Borden in Hampshire. Without her support Luca's family could not afford to send him to school and he would spend much of his day working the fields with his mother.

- He gets up at 6.00am and leaves for school at 6.30am, most mornings he goes to school without having had any breakfast, he washes in a bowl twice a week and only has use of a pit latrine.
- He walks 3 miles to school by himself.
- He spends 6 hours at school, in a class of 50 children
- He doesn't have any lunch and walks back home by himself.
- He shares his one meal a day with his family in the evening.
- At busy times of the year he then helps his family work their fields.

Luca and his family are very grateful to Hannah and they write at least once a year to thank her and update her on Luca's progress.

### Could you help a child like Luca?

It costs just £20 per month to sponsor a primary school child and £40 per month for a child in Secondary school. We also help young people with University costs at £125 per month. CRESS is committed to developing a relationship between a child and their sponsor - we believe that it adds value by encouraging a sense of responsibility and commitment and means that every sponsor knows that their donation is achieving its purpose.

If you would like to find out more about sponsorship please contact us and we would be delighted to send you more information or go online at [www.cressorg.uk](http://www.cressorg.uk)

### What's special about CRESS?

We are Small & Local

You can make a specific donation to the area of our work of interest to you

- Education
- Medical
- Women's small business start up
- Agriculture

We promote & encourage a 1:1 relationship between sponsor and child

**AND every pound donated to CRESS is used on projects in South Sudan, and can be tracked to its destination.**

### Why South Sudan?

South Sudan has experienced decades of war and famine, and the country continues to face many challenges

There are vast numbers of displaced people from Sudan & other countries

Inter ethnic /tribal wars related to the decades of war between Sudan and South Sudan

Bitter and violent disputes over oil reserves and its revenue with other nations

South Sudan is still one of the poorest nations on earth, with 75% illiteracy, poor medical care and little infrastructure.

**The people of South Sudan need our help!**

### Devizes Deanery Partnership

Following Revd Jonathan Triffitts visit to Kajo Keji last September, as part of the CRESS UK Team delivering the clergy conference, Southbroom St James have committed to explore ways in which they can be active partners of CRESS UK. In the first instance, St James are supporting Bishop Anthony's Diocesan Strategy- The 3 E's - Empowerment, Education & Evangelism and are in the process of raising £25,000 to purchase a flatbed lorry to take key resources, aid and the Good News of the Gospel out into the more remote parts of the Diocese. St James are also keen to support CRESS's child sponsorship programme with a particular focus on sponsoring young people's Secondary education. Everyone at St James is really looking forward to prayerfully exploring what it means to partner with CRESS in the Gospel of Jesus Christ.



### Water Filters

We take clean water for granted - we just turn on the tap and drink safe water but in South Sudan most water needs to be collected from natural sources or community standpipes,

most of this water is not clean or safe - many diseases like Typhoid and Dysentery are waterborne and this is a major cause of illness and death in the region.

The Christian Revival Centre in Kajo Keji manufactures water filters for local households. Staff from the water project install and commission each filter, instruct the household in the use of the filter and test the water to ensure it is safe before the filter is used.

In a region where access to clean water and the threat of waterborne disease are major issues, these filters offer a potential lifeline. The cost of the filters, including set-up and commissioning, is only £25, but even at this price most families in Kajo Keji are unable to afford one.

By funding the installation of these filters we will positively affect the health of many families and support a local business providing employment.

#### How can you help?

**Please donate £25 so that we can give a water filter to a family in need.**

### Medical Aid

Medical provision in South Sudan is inconsistent and in many rural areas non-existent and it is estimated that at least 75% of all primary medical care is provided by Aid agencies. The drugs shown in the suitcase were supplied by Cress—and this represents a significant proportion of the drugs supplied by the Liwolo clinic last year - to put it into context the drugs on the right are the hospital's total drug stock when we visited. This clinic is linked to the hospital and is the only facility in a 30 mile radius, which means that most people walk 5 hours to get there. It is estimated that the Liwolo hospital and clinic serve a population of 40,000 people.

This is a small area of our work, as it is a complex and specialist area, but we have supported the Liwolo clinic by providing basic drugs and medical textbooks. In some severe cases we have funded medical treatment in hospitals in Uganda.

The Clinic is in desperate need of a trained Medical Officer and Cress are committed to support this role as it will vastly improve health care in the local area.



#### How can you help?

**Please donate £25 or more per month toward the Medical Officers salary.**

### Agriculture

For some while we have been reviewing what actions we should be taking in this area. Most families operate on a subsistence farming basis, with techniques and knowledge that hasn't changed for generations, resulting in low and inconsistent yields.

Cress is delighted to have initiated an Agriculture project focused on building knowledge and training which is aimed at improving farming techniques so that income can be generated by selling excess harvests.

We have sent our first 4 trainees to Kasenge Riverford organic farm school in Uganda, this has been a huge success, and having completed the course are now back in Kajo Keji and are starting to put what they learnt into practise. They will be sharing their learning with the 200+ delegates at the September conference and following this local Farm schools will be set up to train more people to cascade the learning.



#### How can you help?

We need to appoint an Agriculture Supervisor to oversee this project locally.

**Please donate £10 or more per month toward the supervisors salary.**

### Sowing Seeds for Life



In September, a group of 8 women representing CRESS are leading a pioneering project in South Sudan aimed at enlightening and enabling women from South Sudan to build a vision of an improved future. We are arranging a 'No Frills' residential conference for about 200 women. The conference will :-

- Provide information and develop skills on a range of issues like Health, Business and Agriculture.
- Give the women an opportunity to speak freely in a safe environment about issues affecting their lives

For the majority it will be the first time that they will have travelled away from their homes and been given an opportunity to educate themselves, gain new skills and develop confidence to improve their lives.

'No Frills' means that the women will be provided with three meals a day, will sleep on bedrolls on the floor in a community building and use a pit latrine.



### Please help CRESS to make a difference!

You can support any of our projects by making a donation online, just follow the links on the website or send a cheque to

Cress UK, Knighton Manor, Broad Chalke, Salisbury. SP5 5EB

If you are a UK Tax payer please don't forget to complete a Gift Aid form - available to download from the website or contact us and we will post one to you.

For more information about CRESS :-

[www.cressuk.org](http://www.cressuk.org)

Email us on '[contact@cressuk.org](mailto:contact@cressuk.org)'

By phone Caroline Lamb on 01722 780789

Registered charity no. 1141343

