



Welcome!



Caroline & Jane Poggo

Jonathan Cullis, Jane Guy, Jane Poggo (Bishop Poggo's wife) and myself spent a fruitful but challenging four days in late September in Northern Uganda. After arrival we travelled for some four hours to visit the Internally Displaced Persons camps (IDP) inside South Sudan – this journey involved three vehicle breakdowns and getting stuck twice, but we got there. We found the South Sudanese people living with nothing – no schools, virtually no medical facilities and only a tiny amount of food from a small charity and, of course, no electricity, limited water and virtually inaccessible.

It was one of the toughest trips that I have ever done and my companions were amazing, never complaining and tackling every challenge with gusto and a smile.

During our trip we visited Belamaling Camp where the church remains active, dividing the camp into areas to share and provide pastoral care.

CRESS would like to help provide bicycles for the Mothers' Union Leaders to support them in their role in providing care in the camps. These cost £100 each.

I hope you enjoy this newsletter, which provides a CRESS roundup and in the face of difficult times shows we continue to make progress – and, perhaps more importantly, that the flexibility of the charity can meet the changing needs of the South Sudanese people who we are committed to supporting.

Caroline Lamb, Founder & CEO

There are around one million South Sudanese currently living in refugee camps in Northern Uganda.

Women's Sanitary Health Project

Thanks to an amazing response to our request for new pairs of ladies' underwear pants in September the CRESS team took out just under 1,000 pairs.

These will be given out to the women who attend the CRESS re-usable sanitary pad project in refugee and IDP camps. The women who will lead this training – Jessica and Jaqueline – attended training a year ago in Uganda and have already trained 100 women.

The distribution of the pants and the sharing of their vision by Caroline and her team during the visit was met with great joy and cheering.



Caroline with pants

Please help CRESS to make a difference

You can support any of our projects by making a donation online by following the links on our website or send a cheque to:

Cress UK, Knighton Manor, Broad Chalke, Salisbury SP5 5EB

If you are a UK tax payer please don't forget to complete a **Gift Aid** form – available to download from the website or contact us and we will post one to you.



Facebook. Please visit and 'like' our Facebook page for all the latest news as it happens. Please comment and share our posts so we might reach the largest audience possible. **You can also sign up to receive our monthly email by simply clicking on the sign up tab and submitting your details.**

CRESS Vehicle

The team CRESS team based in Uganda now have access to a vehicle – a second-hand, four wheel drive, double cab truck – kindly funded by a generous donor. The truck was used recently to take some 20 pastors to the Flame conference in Morobi Camp. When you consider travel to camps can take up to three hours this vehicle is essential to our work and to providing safe travel for the CRESS team.



The CRESS Office

The CRESS Office is now open and functioning and will provide a base for Joseph Aba who is now Bishop of Liwolo (in exile). Joseph is responsible for three Internally Displaced Camps in South Sudan, Logu, Keriwa and Adijo with some 35,000 people and then one refugee camp Invepi with a population of 125,000. All these places are a minimum of 3 hours journey from his home in Arua.



CRESS Clinic



This has now opened in Majale which is halfway between Arua and the IDP camps in South Sudan. Jonathan Cullis presented study books to the two professional staff, Lulu Emmanuel and Cecilia, when he accompanied Caroline on the September trip. There are further steps that need to be made before the clinic can take in patients.



Caroline & Joseph Aba



Mothers Union Leaders in Belameling camp